

## 101+ reasons to study the PGA Golf Diploma at TGSE

### About us

1. Students receive elite training to prepare them to be a successful tour player.
2. Students receive training in all aspects of the golf industry for additional career options.
3. PGA qualification and membership is recognised in over 40 golfing nations worldwide.
4. TGSE has collaborated with Exercise Teachers Academy (eta) to present the PGA Golf Diploma.
5. eta is accredited by PGA of SA to present the diploma.
6. TGSE is South Africa's leading elite performance academy.
7. eta is South Africa's leading provider of sports education.
8. TGSE is a division of Balderstone Golf (Pty) Ltd, a family business run with passion and a commitment to the highest levels of excellence.

### Access to facilities

9. Students receive membership of Royal Johannesburg & Kensington GC (Johannesburg Campus only).
10. This membership includes unlimited prepaid golf, at any time including weekends.
11. Students receive membership of Observatory Practice Facility, which includes unlimited balls, and use of the specialist short game area.
12. Students have full access to the short game facilities at Royal Johannesburg & Kensington GC.
13. Students have access to golf specific gym equipment at the practice facility.
14. Affiliation to Central Gauteng Golf Union (optional)

### Elite training

15. Students embark on our unique Performance Development Programme and are trained using TGSE's Total Golf Coaching System, to allow them to achieve elite performance.
16. TGSE has a unique and extensive Game Evaluation Process.
17. Students receive weekly private and group technical coaching sessions.
18. Golf specific exercise and fundamental movement skill sessions are held 3 times per week.
19. TGSE coaches are all PGA Professionals and TGSE Certified.
20. Elite Performance Director Michael Balderstone oversees each student's performance development (Johannesburg Campus only).
21. Golf fitness assessments are conducted using the Titleist Performance Institute screening test. Individual programmes are developed from the results. (Johannesburg Campus only)
22. Students receive extensive video analysis using the V1 Professional and SwingViewPro coaching software.
23. TGSE uses a specially imported, state of the art, high speed Casio video camera for video analysis, ensuring every swing position is captured on every swing (Johannesburg Campus only).
24. Students are filmed during tournament play to identify swing tendencies under tournament pressure.
25. TGSE has a partnership with Srixon to provide club fitting and ball tracking analysis to ensure that the students are correctly fitted in their equipment.
26. Students receive regular course strategy sessions.
27. Students receive regular rules sessions.
28. Nutritional advice is provided for on-course performance and everyday life.
29. Students and parents have access to the student's playing statistics via a password secured personal profile viewed through the TGSE website, updated weekly.
30. TGSE uses extensive training aids including Explanar and Leaderboard.
31. TGSE also uses exclusive training aids and drills to accelerate the learning process.

32. TGSE students set goals using our unique Goal-Setting Ladder.
33. A TGSE coach travels to SAGA national tournaments as Player Support (Johannesburg Campus only).

### Tournaments

34. TGSE has an internal tournament schedule of 35 strokeplay tournaments (comprising 50 tournament rounds) and weekly matchplay games.
35. TGSE holds weekly medal tournaments.
36. TGSE holds a 72-hole championship at the end of each cycle (5 per year)
37. An order of merit is derived from the exclusive internal tournaments.
38. All vital statistics are recorded to help identify strengths and weaknesses.
39. The Order of Merit champion wins a 50% scholarship for the following year.
40. Player of the Cycle prizes are awarded.
41. A matchplay championship is held throughout the year with trophy.
42. All TGSE tournaments are held on the 2 championship courses at Royal Johannesburg & Kensington GC, host of a European Tour event and Open Championship international qualifying (Johannesburg Campus only).
43. PGA Diploma students compete in the tournaments against TGSE's Elite Academy students.
44. Students retain their amateur status throughout the study period, allowing them to participate in amateur tournaments and achieve amateur goals before turning professional.
45. Students can represent Royal Johannesburg & Kensington in league matches.
46. Students can compete in club competitions each Wednesday and Saturday and major club competitions like the club championship.
47. Students are encouraged to compete in national amateur tournaments and are allowed time from lectures for such tournaments.
48. TGSE facilitates entry to national amateur tournaments.
49. Students participate in Ryder Cup style internal matches
50. Students compete in matches against other academies and colleges (subject to selection).

### Academics

51. Golf Coaching subjects include;
  - Introduction to Coaching
  - Swing Technique
  - Short Game
  - Fault Finding
  - Coaching Children
52. Business related subjects include;
  - Business Finance
  - Business Law
  - Golf Retailing
  - Managing a Golf Business
  - Personal Career Development
53. Sports Science subjects include;
  - Anatomy & Physiology
  - Sports Psychology
  - Injury Prevention
  - Skills Acquisition
  - Nutrition & Health
  - Principles of Biomechanics
  - Training & Fitness for Golf
54. Golf Specific subjects include;

- Equipment Technology
  - Tournament Organisation
  - Rules of Golf
  - Greenkeeping
55. A Head of Academics manages the academic component of the Diploma, and is on hand at all times to help the students with this side of the course (Johannesburg Campus only).
  56. The Head of Academics runs a weekly Academic Session for each class, to facilitate homework tasks.
  57. TGSE has an extensive golf specific library to help students with research for assignments and exams.
  58. The PGA Golf Diploma is registered with SAQA (South African Qualifications Authority) under the title National Diploma: Club Professional Golfing, ID 50017.
  59. eta is registered with the Department of Education as a higher education institution under the Higher Education Act 1997 Reg No.01HC04 and accredited with THETA, Reg no. 613/P/000007/2004.
  60. The PGA of Great Britain & Ireland produces all study material.
  61. Students can become certified as TPI fitness trainers (subject to TPI courses being held in South Africa).

### Expertise

62. The Diploma is facilitated by PGA Advanced Professional Michael Balderstone. Michael started his career in golf by studying for a diploma run by the PGA of Great Britain & Ireland in 1993. His career has taken him all over the world including coaching stints in USA and Europe before settling in South Africa. He works closely with the PGA of SA as a Tutor and Assessor for their apprentice program.
63. Michael Balderstone also provides the Golf Coaching lecturing at TGSE.
64. Garth Milne is the lecturer for physical Sports Science subjects, such as Anatomy & Physiology and Injury Prevention. Garth is widely recognised as the leading golf fitness trainer in South Africa and works with a whole host of tour players on the local and international tours.
65. Greg Smith is the lecturer for Equipment Technology. Greg is the equipment technology guru of South Africa and is certified through many international equipment and club making institutions.
66. Kymi Bodenberger lectures the students in Golf Retail and Managing a Golf Business. Kymi, an American national, has extensive experience in the golf retail market including the management of two on-course golf shops responsible for \$6 million in sales per year.
67. Theo Bezuidenhout lectures the students in mental aspects of Sports Science, such as Sports Psychology and Skills Acquisition. Theo is recognised as the leading golf psychologist in South Africa, working with South Africa's leading amateur players and many tour players around the world.
68. TGSE has a range of additional specialists, including physiotherapist and sports doctor that are on hand if needed.

### Practical experience

69. TGSE offers a high practical element to the course through our direct contacts in the golf industry. This includes experience in coaching, retailing, event management and club management.
70. Each year a select number of 2<sup>nd</sup> year students travel to USA for 8 weeks of coaching experience (travel and visa costs are for the parents account)
71. 2<sup>nd</sup> year students organise either a charity golf day or a PGA Pro/Am as part of their practical work experience.
72. Students coach Special Olympics participants.
73. Students are expected to complete 1000 hours of industry work experience before they graduate.
74. Students receive a Golf Internship Logbook to record their industry hours.
75. Students get to work at Sunshine Tour events such as the Joburg Open.
76. Students have access to the V1 Home coaching software.
77. Students have access to TGSE's extensive library of tour player swings.

## Upon Graduation

78. The Diploma provides a wide range of career options including playing, coaching, club management, retail, tournament administration, event management and many more.
79. The global golf industry is worth over \$90 billion.
80. 3 years study equals 3 years academic credit towards PGA membership.
81. As TGSE is directly involved in the golf industry we have strong relationships with the SA golf industry to source job opportunities.
82. TGSE has industry contacts all over the world to help source opportunities for graduates.
83. TGSE PGA Diploma graduates have exclusive access to the TGSE Alumni Facebook page, which keeps them up to date with new job vacancies and opportunities, both in South Africa and internationally.

## General

84. TGSE has developed an exclusive computer system that calculates tournament results, scores, order of merit points and vital statistics for each player. The information is instantly available to parents through the TGSE website upon the closing of each tournament.
85. Parents receive a performance and attitude report for each cycle, viewed through a password protected personal profile via the TGSE website.
86. Inspirational and motivational sessions are held using CD's and DVD's of leading players, mental coaches and success gurus.
87. Students receive exclusive TGSE shirts.
88. Students receive discounts on all hardware golf equipment.
89. TGSE students receive an exclusive equipment deal from Srixon/Cleveland.
90. There is a strict code of conduct in place to ensure discipline and an optimum training environment for all.
91. TGSE has a strict no-smoking rule at all times during the schedule (except during tournament play).
92. Students must adhere to a strict dress code at all times.
93. 100% class attendance is required (unless prior notice is given) in order to compete in the weekly tournaments.
94. TGSE provides furnished, single room, accommodation for a limited number of out of town students.
95. Monthly spot inspections are made to the accommodation, with reports being sent to parents.
96. A strict code of conduct is in place for those taking accommodation.
97. Students receive a CD showing swing improvements throughout each year.
98. TGSE has national representatives studying for the PGA Diploma.
99. Students receive a swing sequence printout at the end of each year.
100. Guest speakers are brought in to educate and motivate.
101. Student loans are available.
102. Lectures, coaching and practice sessions take place at Observatory Practice Facility, ensuring no wasted time travelling between venues.
103. Students receive speechmaking and media training.
104. TGSE has a strict enrolment process.
105. TGSE follows an Optimum Performance Schedule of 5 x 7 week cycles.
106. TGSE organises school away tours each year.
107. TGSE runs active accounts on Facebook and Twitter to keep parents, students and followers informed of news and results.
108. *"So grateful that we found you and could support Nic's passion. With what you offer at TGSE I know that he can follow his passion and actually finish off with choices of a career. To know that these boys are being guided in the correct direction and principles in life, the peace of mind I now have is worth more than money could ever buy!" - Robyn Stawski (Parent of PGA Golf Diploma graduate)*